

SYMPOSIUM

Lifestyle Change Interventions in Cardiovascular, Metabolic and Malignant Diseases

Organized by:

Department of Clinical and Experimental Pharmacology,
School of Tropical Medicine, Kolkata

Date: September 6, 2019

Venue: Lecture Theatre (First Floor), Main Building, School of Tropical Medicine, Kolkata

Programme Schedule

Time (h)	Session
09:30	Reception and Registration
10:00	Welcome Note and Event Objectives – Prof Santanu K Tripathi
10:10	Lecture 1: Eliciting Lifestyle History and Planning Focused Clinical Examination Chair: Prof Sukumar Mukherjee Speaker: Prof Ardhendu Sinha Roy
10:35	Lecture 2: Lifestyle Management in Hypertension, Hyperlipidemia, Ischemic Heart Disease, Heart Failure Chair: Prof Sukumar Mukherjee Speaker: Dr Sunip Banerjee
11:00	Lecture 3: Lifestyle Modification in Management of Diabetes and Metabolic Diseases Chair: Prof Ardhendu Sinha Roy Speaker: Prof Apurba Mukherjee
11:25	Lecture 4: Lifestyle Risk Factors in Cancer Chair: Prof Subir Ganguly Speaker: Prof Shibasis Bhattacharya
11:50	TEA / COFFEE
12:15	Lecture 5: Macronutrients: Role in Diabetes Chair: Prof Apurba Mukherjee Speaker: Dr Prabir Kumar Kundu
12:40	Lecture 6: Liver-Gut-Brain Axis in Regulation of Feeding Behavior Chair: Prof Avijit Hazra Speaker: Dr Chiranjib Bagchi
13:00	Lecture 7: Diet, Exercise, Biorhythm and Medicines Chair: Prof Avijit Hazra Speaker: Prof Santanu K Tripathi
13:20	LUNCH
14:00	Lecture 8: Erectile Dysfunction and Cardiovascular Diseases: The Missing Link Chair: Prof P S Karmakar Speaker: Dr Deepak Jumani
14:30	TEA / COFFEE
14:45	Lecture 9: Exercise Prescription in Diabetes Chair: Prof Santanu K Tripathi Speaker: Dr Shambo S Samajdar
15:05	Lecture 10: Meal Replacement Interventions in Diabetes Chair: Dr Chiranjib Bagchi Speaker: Dr Sougata Sarkar
15:20	Lecture 11: Yoga and Meditation in Lifestyle Change Intervention Chair: Dr Chiranjib Bagchi Speaker: Dr Sumalya Sen
15:40	Summarizing Deliberations & Moderating Floor Discussion Chair: Prof Santanu K Tripathi Moderators: Dr Kaustav Saha, Dr Sabnam Ara Begum
16:20	Distribution of Certificates, Valediction – Prof P Kundu , Director, School of Tropical Medicine, Kolkata

N.B. Competitive Session: Case Presentation (Poster) on the Theme Please send the abstract (unstructured, word limit – 300) by email to: clinpharm.stm@gmail.com